



SRINIVAS UNIVERSITY

Mangalore-575001, Karnataka, India
College of Commerce and Management

LIFE SKILL DEVELOPMENT CLUB



Mr. VISHAL
Faculty Coordinator



Ms. SAFIYA SUMAN
Student Coordinator

Mission

Our mission is *empowering youth and families through sexual maturity & adolescence with nature-based, community-focused rites of passage*. We strive to create the elements of a healthy culture by joyfully coming together to support one another during times of transition. The world over, cultures have taken time to stop and recognize the immense changes we all intermittently face. The need to be seen and acknowledged in our growth is still very real. We work to recreate the tribal practice of gathering around each other during these times, to give reassurance, and to integrate this member with a new social status.

Objectives of life skill development

- Clearly state thoughts, feelings and ideas to others
- Settle disagreements in ways that are not hurtful
- Choose activities that promote physical health and well-being
- Manage stress positively
- Do what is right for myself when I am in a group
- Have control over my personal goals/future
- Be comfortable with who I am becoming
- Accept where I am in my personal growth
- Choose how I express myself

Proposed Activities:

- To educate the Students about the safety lesson- Home safety, personal safety, work place safety and fire safety
- To disseminate the information on Life skill class room management
- To encourage the students to become a self employed or entrepreneur
- To educate the students on soft skill requirement
- Transform a student's hobby into an earning source
- To organize guest talks, debates, demonstration on Life development skill for the students

Faculty Coordinators Address:

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