

**Srinivas Institute of Medical Sciences and Research Centre**

**Foundation Course Time Table 2022**

1 <sup>st</sup> Week						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00 - 10:00	Introduction and Ice Breaking	Introduction to Medical ethics	Academic Ambience	Immunization requirements of health care professionals	Inter-personal relationship	Proper hand washing technique
10:00 - 11:00	Medical Student Learning objectives	Commitment to lifelong learning as an important part of physician's growth	History of Medicine	Medical research		Documentation and medical records
11:00 - 12:00	Professional qualities and roles of a physician	Physician's role and responsibility to society and community	Mentorship program <b>(MENTORS)</b>	Bio-safety/ Needle prick injuries	Kannada-Varnamala	Spoken Kannada
12:00 - 01:00	Expectations of Medical doctors from society	Expectations from doctors by society				
01:00 - 02:00	<b>LUNCH BREAK</b>					
02:00 - 03:00	Gendersensitivity in medical profession	National Health Programs		Sports	Computer Lab Operating a computer/ laptop	Computer Lab Operating a computer/ laptop
03:00 - 04:00	Health care system in India	Time and Stress management				
04:00 - 05:00						

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1 <sup>st</sup> Week						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00 - 10:00	Introduction and Ice Breaking	Introduction to Medical ethics Gendersensitivity in medical profession	Academic Ambience & History of Medicine	Field visit to PHC/ CHC	Inter-personal relationship	Proper hand washing technique
10:00 - 11:00	<b>Orientation Programme (Management &amp; Faculty)</b>	Commitment to lifelong learning as an important part of physician's growth Physician's role and responsibility to society and community	Self-Directed Learning & Learning pedagogy			Documentation and medical records
11:00 - 12:00			<b>White coat ceremony (Dean &amp; Faculty)</b>	Immunization requirements of health care professionals	Mentorship program <b>(MENTORS)</b>	Bio-safety/ Needle prick injuries
12:00 - 01:00						
01:00 - 02:00	<b>LUNCH BREAK</b>					
02:00 - 03:00	Medical Student Learning objectives Professional qualities and roles of a physician	Expectations from doctors by society	Computer Lab Operating a computer/ laptop	Sports	Computer Lab Operating a computer/ laptop	
03:00 - 04:00	Health care system in India & National Health Programs	Time and Stress management				
04:00 - 05:00						

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2 <sup>nd</sup> Week						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00 - 10:00	Biomedical waste management	Students' involvement in Research-ICMR STS	Community based Learning	Concept of professionalism Consequences of unethical & unprofessional behaviour	BLS/ First Aid (Anaesthesia and Pediatrics)	BLS/ First Aid (Anaesthesia and Pediatrics)
10:00 - 11:00		Spoken Kannada				
11:00 - 12:00	Spoken Kannada	English Grammar	Sports	Spoken English		
12:00 - 01:00						
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Computer Lab Creating documents	Indoor sports	Indoor sports	Computer lab Creating presentations	Computer Skills Creating presentations	
03:00 - 04:00						
04:00 - 05:00						

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3 <sup>rd</sup> Week						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00 - 10:00	Field visit to PHC/ CHC	Learning from patients and other members of healthcare team  Professional behaviour	Rights of a doctor and etiquettes Privileged communication in medical ethics Obtaining patient consent	Value of integrity, honesty and respect in medical Profession	How to behave with your superiors	Personal Grooming- Self care
10:00 - 11:00				Institution Ethical Committee of		
11:00 - 12:00	Sports	Communication with patients and families	Team work in medical profession	Online learning (e-learning) Group learning	Learning strategies	Video Reflections
12:00 - 01:00					Assessment driven learning How to perform better in exams?	Feedback of foundation course and reflective writing
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Importance of attendance	Maintaining confidentiality	Maintaining a diary & portfolio management	Campus visit & Hospital visit  (Pre-Clinical Faculty)	Introduction to 1 <sup>st</sup> year Departments <b>Anatomy, Physiology:</b> <b>Biochemistry</b> <b>Community Medicine:</b> (Concerned Departments)	
03:00 - 04:00	Role modelling	Sports	Sports			
04:00 - 05:00	Experience sharing by seniors How do they learn?					

SIMS&RC, Mukka