

Srinivas Institute Of Medical Sciences And Research Centre

Foundation Course Time Table 2019

Sl. No	Content	No. of Hours	Coordinator
1	Orientation	30	Dean and Pre- Clinical Faculty Members
2	Skills Module	35	Faculty Members
3	Fieldvisittocommunity health centre	8	Community Medicine Faculty Members
4	Professional Development including ethics	40	Medicine, MEU and Forensic Medicine Faculty Members
5	Sports and Extracurricular activities (ECA)	14 - Sports	Physical Director
		08 – ECA	Physical Director
6	Enhancement of language/ computer skills	40	Computer Specialist and Language Professionals
Total Hours		178	

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1st Week (Orientation week)						
Time	August -1	August - 2	August - 3	August - 5	August - 6	August - 7
09:00 - 10:00	Campus - Hostel allocation College & Hospital visit	Welcome speech by Dean and Director Ice breaking (All 4 HODs)	Medical Student Learning objectives	Introduction to Medical ethics	Academic Ambience	Immunization requirements of health care professionals
10:00 - 11:00		Introduction to Library/ IT/ Academic Departments	Professional qualities and roles of a physician	Commitment to lifelong learning as an important part of physician's growth	History of Medicine	Medical research
11:00 - 12:00		Introduction to 1 st year Departments Anatomy: 11:00 to 11:30 Physiology: 11:30 to 12:00 Biochemistry: 12:00 to 12:30 P & SM: 12:30 to 13:00	Expectations of Medical doctors from society	Physician's role and responsibility to society and community	Mentorship program	Sports
12:00 - 01:00		Gendersensitivity in medical profession	Expectations from doctors by society			
01:00 - 02:00	LUNCH BREAK					
02.00 - 03.00	(White coat ceremony)	Introduction to the MBBS Program	Health care system in India	National Health Programs	Bio-safety/ Needle prick injuries	
03.00 - 04.00		Group dynamics	Indoor sports	Time and Stress management	Sports	
04.00 - 05.00						

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2 nd Week						
Time	August - 9	August - 10	August - 12	August - 13	August - 14	August - 16
09:00 - 10:00	Inter-personal relationship	Proper hand washing technique	Biomedical waste management	Students involvement in Research ICMR STS	Self Directed Learning	Field visit to PHC/ CHC
10:00 - 11:00		Documentation and medical records				
11:00 - 12:00	Kannada	Kannada	Kannada	English	English	Sports
12:00 - 01:00						
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Computer Lab	Computer Lab	Learning pedagogy	Computer Lab	Learning strategies	
03:00 - 04:00						
04:00 - 05:00			Indoor sports		Sports	

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Time	August -17	August -19	August -20	August -21	August -22
09:00 - 10:00	BLS/ First Aid	Cadaveric Ceremony	Concept of professionalism Consequences of unethical & unprofessional behaviour	Learning from patients and other members of health care team	Field visit to PHC/ CHC
10:00 - 11:00			Team work in medical profession	Communication with patients and families	
11:00 - 12:00					Sports
12:00 - 01:00					
01:00 - 02:00					
02:00 - 03:00	Computer Skills	Community based learning	Computer lab	Peer assisted learning	
03:00 - 04:00		Indoor sports		Sports	
04:00 - 05:00					

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4 th Week						
Time	August -23	August -24	August -26	August -27	August -28	August -29
09:00 - 10:00	Value of integrity, honesty and respect in medical profession	Animal Ethics	Professional behaviour	How to behave with your superiors	Importance of attendance	Field visit to PHC/ CHC
10:00 - 11:00	Institution Ethical Committee of our institute	Anti-ragging guidelines and introduction to anti-ragging committee of our institute		Rights of a doctor and MCI etiquettes	Experience sharing by seniors How do they learn?	
11:00 - 12:00	Obtaining patient consent		Maintaining confidentiality	Privileged communication in medical ethics	Personal Grooming- Self care	
12:00 - 01:00				What it means to be a medical student	Book Exhibition	
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Computer Lab	Computer lab	Online learning (e-learning)	Computer lab	Group learning	
03:00 - 04:00			ECA		Sports	
04:00 - 05:00						

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Time	August -30	August -31
09:00 - 10:00	Assessment driven learning	How to perform better in exams?
10:00 - 11:00	Simulation based learning	Role modelling
11:00 - 12:00	Evidence based medicine	Video Reflection
12:00 - 01:00		
01:00 – 02:00	LUNCH BREAK	
02.00 - 03.00	Maintaining a diary and portfolio management	Feedback of foundation course and reflective writing
03.00 - 04.00		
04.00 - 05.00		