



SRINIVAS UNIVERSITY

Mangalore-575001, Karnataka (India)

Research Centre for Counselling Psychology



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Dr. Laveena D'Mello

The Counselling Psychology Research Center is working on a multitude of psychological, psycho-social, emotional, educational and behavioral problems that are interrelated with the child, adolescents and all other individuals. Counselling Psychology is primarily connected with counselling and therapeutic approaches. This collaboration has a number of reasons. First, there is a mental element in the objectives of counseling and therapy. A professional relationship that empowers the mental health, wellness, and healthy living among individuals. Different problems may require effective interventions that focus on just one person or with multiple individuals who are related or not related to each other. The center includes all areas of society that are linked to child, adolescents and all other individuals. The scope is to address children's, adolescent's and all other individual's psychological, psycho-social, emotional, behavioral and educational problems. The center's primary objective is to cover the counselling psychology. Research center will also address the mental health, behavioral, psycho-social, emotional and educational problems of the children and adolescents, couples, old age people, adults and labors. This center will also insist studies related to psycho-social problems related to poverty, crimes against individuals, suicide, alcoholism and drug addictions, family issues and social change, couple and marital issues, old age problems, educational issues, and labor related problems.

OBJECTIVES

The goal is to study the individual's psychological issues through case studies to solve by therapeutic methods. The individuals „attempt to adjust in life, to help and transform the affected Individuals, and to lead a normal and healthy life. The objectives are to study the Subtitles such as individual and mental health; individual's psychosocial issues; the special category of the age group like children, adolescents, men and women, aged;

therapeutic approaches, and psycho – social education for behavior Change; Stages of developmental and deviance in behaviour various branches of psychology; Changes in mode of communication, adjustment, attitude, family etc. All these subjects will be useful to implement and to introduce new counseling skills, teaching approaches, therapies, learning modalities and techniques for the counselors, educational professionals, care givers and health care providers through explorative and innovative studies under this research center. The research result will bring tremendous change in the life style and dealing with different age group so that ultimately the real meaning for life.

COLLABORATORS:

1. Dr. Aithal, P. S, Vice-Chancellor, Srinivas University, Pandeshwar, Mangaluru, Karnataka, India.
2. Mr. Gururaj Itagi, Research Scholar, Srinivas University, Pandeshwar, Mangaluru, Karnataka, India.
3. Dr. Laveena D'Mello, Dean, Associate Professor, College of Social Sciences and Humanities, Srinivas University, Pandeshwar, Mangaluru.
4. Prof. Pradeep M D, Research Scholar, School of Law, Alliance University, Bengaluru & Assistant Professor, College of Social Sciences & Humanities, Srinivas University, Mangaluru, Karnataka, India.
5. Dr. Vidya N., Assistant Professor, College of Sciences & Humanities, Srinivas University, Mangaluru.
6. Mrs. Vimarsha Jain, Part time faculty, College of Sciences & Humanities, Srinivas University, Mangaluru.
7. Mrs. Benzita, Part time faculty, College of Sciences & Humanities, Srinivas University, Mangaluru.
8. Dr. I.C. Licamma, Part time faculty, College of Sciences & Humanities, Srinivas University, Mangaluru.

WORKING PAPERS:

1. Intelligence Enhancement through I-Three Learning -A Case of Scholastic Backwardness.
2. Need of Training on Public Speaking and Presentation Skill for Students in Higher Education.
3. Essential of Value Based Education in Higher Studies.
4. Learning Style and its Impact on Scholastic Performance: with Special Reference to Adolescents studying in Secondary schools.
5. Counseling skills for the school children studying in High schools in Dakshina Kannada.
6. Counseling skills for the school drop-outs in Dakshina Kannada.
7. Alcoholism and its effects.
8. Pscho- social problems of women.

PUBLICATIONS:

1. Gouda, Gururaj Ganapati, &D'mello, Laveena. (2019). Introducing "Cap Concept" In A Class Room Learning For The Students To Achieve Sucess. International Journal of Management, Technology, and Social Sciences (Ijmts), 4(1), 38-45. Doi: <https://doi.org/10.5281/>

2. Gururaj Ganapati Gouda, & Laveena D'mello (2019). "Excellence through Value Education – A Case Study of SharadaVidyanikethana Public School". *International Journal of Case Studies in Business, It, and Education*.3(1).Doi: [Http://Doi.Org/10.5281/Zenodo.2558062](http://doi.org/10.5281/Zenodo.2558062).
3. Gouda, Gururaj Ganapati, &D'mello, Laveena (2019). A Study on the TeacherStudent Relationship and Its Impact on the Behaviour of High School Students. *International Journal of Case Studies in Business, It, and Education (Ijcsbe)*, 3(1), 28-34. Doi: [Http://Doi.Org/10.5281/Zenodo.2589822](http://doi.org/10.5281/Zenodo.2589822).
4. Gouda, Gururaj Ganapati, &D'mello, Laveena (2019). Phobia: Impact On Academic Outcomes Of Students Aged Between 6 Years To 18 Years – A Case Study. *International Journal of Case Studies in Business, It, and Education (Ijcsbe)*, 3(1), 20-27. Doi: [Http://Doi.Org/10.5281/Zenodo.2586233](http://doi.org/10.5281/Zenodo.2586233).
5. Gururaj G. Gouda, Dr. Laveena D'Mello. A Study on Scholastic Backwardness in Adolescents. "Emerging Areas of IT Applications in Management, Education and Social Sciences" ISBN No.: 978-81-938040-5-6, pp 99-106
6. Gouda, Gururaj Ganapati & D'Mello, Laveena. (2019). A Study on Identification of Auditory, Visual, and Kinaesthetic Learning Essentials for Adolescents Studying in Government Schools at Dakshina Kannada District. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 4(2), 137-157. DOI:<http://doi.org/10.5281/zenodo.3613419>.
7. Itagi., Gururaj & D'Mello, Laveena. (2019). Academic Excellence through MultiSensory Approach: A Model for Classroom Teaching. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 4(2), 74-86.DOI: <http://doi.org/10.5281/>
8. M. D., Pradeep, B. K., Ravindra. (2017). Review on the Gender Sensitive Women Education- Legal Revolution in Higher Education. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 2(1), 53-65. DOI: <http://dx.doi.org/10.5281/zenodo.821378>.
9. D'Mello, Laveena & Monteiro, Meena. (2019). Social Media – Effects on the Psychological Health of Adolescence. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 4(1), 20-25. DOI: <http://doi.org/10.5281/zenodo.2589820>.
10. D'Mello Laveena., Monteiro Meena, & Pinto Nelson. (2018). A Study on the Self Esteem and Academic Performance among the Students. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 2(1), 1-7. DOI: <http://dx.doi.org/10.5281/zenodo.1156448>.
11. Dias, Edwin. (2018). A Case Report of 2.5 Years Old, Male Child with Megalencephaly with Mental Retardation, Seizure Disorder, and GERD.

International Journal of Health Sciences and Pharmacy (IJHSP), 2(1), 8-12. DOI :<http://dx.doi.org/10.5281/zenodo.1212312>.

12. D'Mello, Laveena.,monteiro, Meena., Prakash, Sathyendra. (2017). Impact of HIV/AIDS on the Psychosocial Development of Children. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 1(2), 5-10. DOI: <http://dx.doi.org/10.5281/zenodo.833489>
13. D'Mello Laveena. B. M. Govindaraju (2016). Implication of Academic Stress in Adolescents. *International Journal of Scientific Research and Modern Education (IJSRME)* 1(1), 320 -327, ISSN (Online): 2455 – 5630.
14. D'Mello Laveena. B. M. Govindaraju, Monteiro Meena (2016). A Study on the Challenges Faced by Single Parent on Teenager Care. *International Journal of Advanced Trends in Engineering and Technology (IJATET)*, 1(1), 54-59, ISSN (Online): 2456 – 4664
15. Laveena D'Mello, Dr. Meena Monteiro (2017). A Comparative Study on the Problems faced by Senior Citizens living in Institutions and Non Institutions in Mangaluru Taluk. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 1(2), DOI: <http://dx.doi.org/10.5281/zenodo.1004678>.
16. Aithal, P. S., & Suresh Kumar P. M. (2017). Integrating Theory A and Six Thinking Hats for Improved Organizational Performance. *International Journal of Applied Engineering and Management Letters (IJAEML)*, 1(2), 66-77. DOI: <http://dx.doi.org/10.5281/zenodo.1045417>.
17. Aithal, P. S. & Suresh Kumar, P. M. (2016). Organizational Behaviour in 21st Century – Theory A for Managing People for Performance. *IOSR Journal of Business and Management (IOSR-JBM)*, 18(7), 126-134. DOI: <http://doi.org/10.9790/487X180704126134>.
18. Sonia Delrose Noronha, Aithal, P. S. & Pradeep, M.D. (2017). Study on the Policy Framework Towards Work Life Balance in India. *International Journal of Multidisciplinary Research and Modern Education (IJMRME)*, 3(2), 11-16. DOI : <http://doi.org/10.5281/zenodo.839258>
19. Pinto Vincent and Laveena D'Mello (2019). Institutionalized Elderly Women Issues & Concerns. *International Journal of Health Sciences and Pharmacy (IJHSP)* 3(1), DOI: <http://doi.org/10.5281/zenodo.2586231>, 6-12.
20. Paul, P. K. & Aithal, P. S (2018). Cyber Crime: Challenges, Issues, Recommendation and Suggestion in Indian Context, *International Journal of Advanced Trends in*

Engineering and Technology. (IJATET), 3(1), 59-62. ISSN (Online): 2456 - 4664 (www.dvpublication.com). DOI :<http://doi.org/10.5281/zenodo.1171079>.

21. Pradeep, M. D., &Saumya, S. K. (2019). “Child Welfare – Measures to Combat Violation, Exploitation & Abuse”, *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 4(1), 52-67. DOI: <http://doi.org/10.5281/zenodo.3047048>.

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