

SRINIVAS UNIVERSITY

Mangalore-575001, Karnataka (India)

Research Centre for Social Psychology and Mental Illness



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The research center for Social psychology and Mental illness works for research on a variety of mental illnesses and social issues. Counseling is fundamentally associated with psychology. There are a number of reasons for this association. First, the goals of counseling have a mental component in them. In varying degrees, all counseling approaches focus on altering how people feel, think and act so that they may live their lives more effectively. Counseling is not static but involves movement between and within the minds of both counselors and clients. Thus, it is a professional relationship that empowers diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals. Mental illness through counseling will try to bring wellness, personal growth, career, education, and empowerment concerns. People's problems may require short-term or long-term interventions that focus on just one person or with multiple individuals who are related or not related to each other. Research center can also address the social problems like poverty, AIDS, Crimes, Juvenile Delinquency, and Suicide, Alcoholism and drug addictions and social change. This center will also insist studies related to mental health, the attitude of the individual and psychosocial problems. The center covers all the sector of the society without any discrimination of age and community. The Scope is to cover psychological, Physical and Social issues of the present society. The main aim of the center is to cover Social psychology and mental illness. And the objectives are to cover various case studies related the mental illness and how to overcome the problems through counseling. The adjustment by the related members so to help in the process of transforming the effected and affected persons to lead a normal life. Sub titles like Women and Mental health, Psychosocial issues of women in India, Disorders, Disabilities and Drug users, Adolescents, girl children, Quality of life, Family therapy, Institution and non institutional care, Chronic mental illness, Development of Psycho education and Social work intervention, Issues related to violence's, disasters and empowerment etc. All these subjects will be useful to implement and to introduce new counseling skills and techniques for the new budding counselors through innovative studies under this center. It may make Government and non government organizations to use new strategies for the smooth function of the society.

The studies which are undertaken under this centre are as follows;

Publications

1. D'Mello Laveena, Monteiro Meena (2016). Age Related Problems of the Elderly and Their Coping Mechanisms. *International Journal of Engineering Research and Modern Education (IJERME)*, 1(1), 723-729, ISSN (Online): 2455 – 4200.
2. D'Mello Laveena, Monteiro Meena (2016). The Need and Importance of Field Practicum for Social Work Students. *International Journal of Engineering Research and Modern Education (IJERME)* 1(1), 292-297, ISSN (Online): 2455 – 4200.
3. D'Mello Laveena, H. H. Manjush, Monteiro Meena (2016). A Study on the Green Human Resource Management at Gateway Hotel, Mangalore. *International Journal of Scientific Research and Modern Education (IJSRME)* 1(1), 843-852, ISSN (Online): 2455 – 5630.
4. D'Mello Laveena. B. M. Govindaraju, Monteiro Meena (2016). The Role of HIV Positive Women in Management of Livelihood, Health and Nutrition. *International Journal of Scientific Research and Modern Education (IJSRME)*, 1(2), 166-174, ISSN (Online): 2455 – 5630.
5. D'Mello Laveena. B. M. Govindaraju, Monteiro Meena (2016). A Study On The Challenges of HIV Positive Children in Dakshina Kannada, *International Journal of Advanced Trends in Engineering and Technology (IJATET)*, 1(1), 42-48, ISSN (Online): 2456 – 4664.
6. D'Mello Laveena, Monteiro Meena (2016). Inclusion of 'Human Rights Education' in the Post Graduate Curriculum. *International Journal of Engineering Research and Modern Education (IJERME)* 1(1), 307 -312, ISSN (Online): 2455 – 4200.
7. D'Mello Laveena. B. M. Govindaraju (2016). Implication of Academic Stress in Adolescents. *International Journal of Scientific Research and Modern Education (IJSRME)* 1(1), 320 -327, ISSN (Online): 2455 – 5630.
8. D'Mello Laveena, B. M. Govindaraju (July 2015). Recent Advancement in the Situation of Women Living with HIV/AIDS in Dakshina Kannada. *International Journal of Management, IT and Engineering (IJMIE)*, 5(7), 545-553, ISSN: 2249-0558.
9. D'Mello Laveena. B. M. Govindaraju, Monteiro Meena (2016). A Study on the Challenges Faced by Single Parent on Teenager Care. *International Journal of Advanced Trends in Engineering and Technology (IJATET)*, 1(1), 54-59, ISSN (Online): 2456 – 4664.
10. D'Mello Laveena, B. M. Govindaraju (January 2016). A Study on Stigma Management among HIV positive people. *International Journal of Management*, 6(1), 442-452, ISSN: 2249-0558.
11. D'Mello Laveena (2017). NGO's Intervention to Bring Change in the Society- A Case Study of 'SIRRA'. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 1(1), 19-26, DOI: <http://dx.doi.org/10.5281/zenodo.580084>.

12. D'Mello Laveena and B. M. Govindraj (2017). A study on Socio-Economic Condition of HIV Positive People in Dakshina Kannada. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 1(1), 12-20, DOI: <http://dx.doi.org/10.5281/zenodo.579647>.
13. D'Mello Laveena and B. M. Govindraj (2017). Health of Urban Women with Respect of HIV Infection: A Case Study in Dakshina Kannada. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 1(1), 21-28, DOI: <http://dx.doi.org/10.5281/zenodo.579648>.
14. D'Mello Laveena and B. M. Govindaraju (2017). E-Application in Awareness Generation of HIV/AIDS at Dakshina Kannada District. *International Journal of Studies in Business, IT and Education (IJCSBE)*, 1(1), 46-52, DOI: <http://dx.doi.org/10.5281/zenodo.583277>.
15. D'Mello Laveena and B. M. Govindaraju (2017). Changing Scenario of Health Problems due to HIV Infection. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 1(1), 32-38, DOI: <http://dx.doi.org/10.5281/zenodo.583295>.
16. D'Mello Laveena, B. M. Govindaraju, Monteiro Meena (2017). Influence of Religion and Spirituality on HIV Positive People. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 1(1), 1-5, DOI: <http://dx.doi.org/10.5281/zenodo.807059>.
17. Monteiro Meena, D'Mello Laveena, B. M. Govindaraju (2017). A Study on Quality of Life among Working Women with High Blood Pressure. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 1(1), 74-81, DOI: <http://dx.doi.org/10.5281/zenodo.583742>.
18. Monteiro Meena, D'Mello Laveena, B. M. Govindaraju (2017). A Study on the Working Conditions of Sales Persons in a Garment Shop at Mangalore. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 1(1), 67-71, DOI: <http://dx.doi.org/10.5281/zenodo.584118>.
19. D'Mello Laveena and B. M. Govindaraju (2017). Social Perception on HIV Positive People in Dakshina Kannada. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 1 (1), 39-44.
20. D'Mello Laveena, Monteiro Meena, Sathyendra Prakash (2017). Impact of HIV/AIDS on the Psychosocial Development of Children. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 1(2), 05-10, DOI: <http://dx.doi.org/10.5281/zenodo.833489>.
21. D'Mello Laveena, Monteiro Meena, Govindaraju B. M (2017). A Study on Need and Constrains of Women Entrepreneurs in Dakshina Kannada. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 1(2), 14-21, DOI: <http://dx.doi.org/10.5281/zenodo.833483>.
22. Laveena D'Mello, Dr. Meena Monteiro, Dr. Govindaraju B. M (2017). Psycho-Social Problems faced by Persons with Disability. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 2(2), DOI: <http://dx.doi.org/10.5281/zenodo.834419>.
23. Laveena D'Mello, Dr. Meena Monteiro (2017). Study on Causes and Effects of Migration from Rural to Urban: A Case Study of Bijapur Colony- Ligapayyana Kadu, Mulki. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 1(2), DOI: <http://dx.doi.org/10.5281/zenodo.1004672>.
24. Laveena D'Mello, Dr. Meena Monteiro (2017). A Study on the Challenges of Government Primary School Teachers in Dakshina Kannada District. *International*

Journal of Case Studies in Business, IT and Education (IJCSBE), 1(2), DOI: <http://dx.doi.org/10.5281/zenodo.1004676>.

25. Laveena D'Mello, Dr. Meena Monteiro (2017). A Comparative Study on the Problems faced by Senior Citizens living in Institutions and Non Institutions in Mangaluru Taluk. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 1(2), DOI: <http://dx.doi.org/10.5281/zenodo.1004678>.
26. Laveena D'Mello, Dr. Meena Monteiro (2017). A study on the Problems faced by Mentally ill Patients living in Mangalore. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 1(2). DOI: <http://dx.doi.org/10.5281/zenodo.1004666>
27. Pinto Vincent and Laveena D'Mello (2018). Changing Trends of Divorce in India: Issues and Concerns. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 3(2), DOI: <http://doi.org/10.5281/zenodo.2203824>,151-157.
28. Laveena D'Mello and Meena Monteiro (2019). Social Media- Effects on the Psychological Health of Adolescence. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 4(1), DOI: <http://doi.org/10.5281/zenodo.2589820>, 20-25.
29. Gururaj G. Gouda and Laveena D'Mello (2019). Introducing “Cap Concept” in a Class Room Learning for the Students to achieve Success. *International Journal of Management, Technology, and Social Sciences (IJMTS)*, 4(1), DOI: <http://doi.org/10.5281/zenodo.2594638>, 38-45.
30. Pinto Vincent and Laveena D'Mello (2019). Institutionalized Elderly Women-Issues & Concerns. *International Journal of Health Sciences and Pharmacy (IJHSP)* 3(1), DOI: <http://doi.org/10.5281/zenodo.2586231>, 6-12.
31. Gururaj G. Gouda and Laveena D'Mello (2019). Excellence through Value Education-A case Study of Sharada Vidyanikethana Public School. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 3(1), DOI: <http://doi.org/10.5281/zenodo.2558062>, 1-8.
32. Gururaj G. Gouda and Laveena D'Mello (2019). Phobia: Impact on Academic Outcomes of Students Aged Between 6years to 18 years- A Case Study. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 3(1), DOI: <http://doi.org/10.5281/zenodo.25586233>, 20-27.
33. Gururaj G. Gouda and Laveena D'Mello (2019). A Study on the Teacher-Student Relationship and its Impact on the Behaviour of High School Students. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 3(1), DOI: <http://doi.org/10.5281/zenodo.25589822>, 28-34.

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Working papers:

- A Study on Intellectual Disability and its Impact on Family Members in Perla, Kasargod.
- Sibling relationship and mental well-being among young adults of institutions from Bhadravathi in Shivamogga District.
- The Functions and Job Descriptions at Hotel Industry: A Case of Grand Hyatt, Mumbai.
- Changing Perspectives in Indian Education System
- Attitude of Family Members towards the Persons with Psychological Problems
- A Study on the “Problems of Government Primary School Teachers in Shorapur Taluk Yadagiri District”
- Challenges of occupational and working conditions of taxi drivers in Udupi.

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