



SRINIVAS UNIVERSITY

Mangalore-575001, Karnataka (India)

Research Centre for Women and Mental Health



Dr. Vidya N.

The research center for women and mental health Works on Different Mental health Issues of Women. Mental health has been hidden behind a curtain of stigma and discrimination for too long. It is time to bring it out into the open. Women. Mental health is a crucial element in the overall concept of health, which equally strives toward the physical, emotional, social, and spiritual aspects. Women Mental health can be conceptualized as having a wide range of related areas including Reproductive Health, Psychopharmacology, Psychosocial determinants of Mental health and Legal Issues. Depression, anxiety, somatic symptoms and high rates of comorbidity are significantly related to interconnected and co-occurrent risk factors such as gender-based roles, stressors and negative life experiences and events. Gender specific risk factors for common mental disorders that disproportionately affect women include gender-based violence, socioeconomic disadvantage, low income and income inequality, low or subordinate social status and rank and unremitting responsibility for the care of others. The high prevalence of sexual violence to which women are exposed and the correspondingly high rate of Post- Traumatic Stress Disorder (PTSD) following such violence, renders women the largest single group of people affected by this disorder. The mental health impact of long term, cumulative psychosocial adversity has not been adequately investigated. The centre includes all areas of society that are linked to girls, Adolescents, Elderly Women. Research centre will also address the mental health, behavioural, psycho-social, emotional issues Promoting mental health by addressing these determinants is a strategy for preventing mental illness. This centre will also insist studies related to Empowerment of women and mental health, Education Programmes, Clinical Programs

COLLABORATOR:

1. Dr. Aithal, P. S, Vice Chancellor, Srinivas University, Pandeshwar, Mangalore, Karnataka, India.
3. Dr. Laveena D'Mello, Assistant Professor, Department of Social Science and Humanities, Srinivas University, Pandeshwar, Mangalore.
4. Mr. Pradeep M D, Research Scholar, School of Law, Alliance University, Bengaluru & Assistant Professor, College of Social Sciences & Humanities, Srinivas University, Mangaluru, Karnataka, India
2. Mr. Gururaj Itagi, Research Scholar, Srinivas University, Pandeshwar, Mangalore, Karnataka, India.

WORKING PAPERS:

1. The Magnitude and burdens of mental disorders in Rural women
2. Much can be done, everyone can contribute to better mental health
3. Talking about mental disorders means talking about stigma and human rights

PUBLICATIONS:

1. N .Vidya., Kotian Suphala - Job Satisfaction Among Women Police Personals a literature Review . Indian journal of applied research Volume - 4 | Issue - 12 | Dec Special Issue - 2014 | ISSN No- 2249-555X
2. N .Vidya., Kotian Suphala Occupational stress among women police personnel
International Journal of Recent Research in Social Sciences and Humanities (IJRRSSH) Vol. 3, Issue 2, pp: (88-90), Month: April 2016 - June 2016, www.paperpublications.org
3. N .Vidya., Kotian Suphala Life satisfaction among women police personnel Imperial Journal of Interdisciplinary Research (IJIR). Vol-2, Issue-8, 2016. ISSN: 2454-1362, <http://www.onlinejournal.in>.
4. D'Mello Laveena. B. M. Govindaraju (2016). Implication of Academic Stress in Adolescents. *International Journal of Scientific Research and Modern Education (IJSRME)* 1(1), 320 -327, ISSN (Online): 2455 – 5630.
5. D'Mello Laveena. B. M. Govindaraju, Monteiro Meena (2016). A Study on the Challenges Faced by Single Parent on Teenager Care. *International Journal of Advanced Trends in Engineering and Technology (IJATET)*, 1(1), 54-59, ISSN (Online): 2456 – 4664
6. Laveena D'Mello, Dr. Meena Monteiro (2017). A Comparative Study on the Problems faced by Senior Citizens living in Institutions and Non Institutions in Mangaluru Taluk. *International Journal of Case Studies in Business, IT and Education (IJCSBE)*, 1(2), DOI: <http://dx.doi.org/10.5281/zenodo.1004678>.
7. D'Mello Laveena. B. M. Govindaraju, Monteiro Meena (2016). The Role of HIV Positive Women in Management of Livelihood, Health and Nutrition. International

Journal of Scientific Research and Modern Education (IJSRME), 1(2), 166-174, ISSN (Online): 2455 – 5630

8. Pinto Vincent and Laveena D'Mello (2019). Institutionalized Elderly Women-Issues & Concerns. *International Journal of Health Sciences and Pharmacy (IJHSP)* 3(1), DOI: <http://doi.org/10.5281/zenodo.2586231>, 6-12.
9. D'Mello Laveena and B. M. Govindraju (2017). Health of Urban Women with Respect of HIV Infection: A Case Study in Dakshina Kannada. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 1(1), 21-28, DOI: <http://dx.doi.org/10.5281/zenodo.579648>.
10. Monteiro Meena, D'Mello Laveena, B. M. Govindaraju (2017). A Study on Quality of Life among Working Women with High Blood Pressure. *International Journal of Management, Technology, and Social Sciences (IJMITS)*, 1(1), 74-81, DOI: <http://dx.doi.org/10.5281/zenodo.583742>.
11. Paul, P.K. Aithal, P.S. & Bhuimali, A. (2017). Internet Saathi: A Step towards Promoting Rural Indian Women. *International Conference on Interdisciplinary Research in Humanitarian Technology, ICIRHT-2017, 28TH -29TH August, 2017, 150-156. ISBN*
12. . Pradeep M.D. (2016). “Legal and Policy Framework on women welfare: An inclusive Growth Strategy” in Pearl Multidisciplinary Bi Annual Research Journal, Volume 2, No 1, February, ISSN 2394-0352, pp. 08-18. Refer full paper in http://papers.ssrn.com/sol3/papers.cfm?abstract_id=2794876

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